



CAFÉ BREAKFAST

Carolyn's Breakfast (2 Eggs, Meat, Grits and Toast) \$6.99

***Carolyn's Breakfast Bowl \$5.99
(Hash Browns, Scrambled Eggs, Cheese, Meat)***

One Egg, Grits and Toast \$4.49

Two Eggs, Grits and Toast \$5.49

Egg and Cheese Omelet (Served with Your Choice of Toast) \$6.49

Veggie Omelet (Served with Your Choice of Toast) \$7.49

Meat and Cheese Omelet (Served with Your Choice of Toast) \$7.49

Build Your Own Omelet (4 Items and Your Choice or Toast) \$8.49

BREAKFAST SANDWICHES

Meat, Egg and Cheese Biscuit \$4.49

Egg and Cheese Biscuit \$3.99

Chicken Biscuit \$4.49

Breakfast Burrito (Egg, Bacon OR Sausage, Cheese) \$4.99

Veggie Breakfast Burrito \$4.49

A LA CARTE

One Egg \$1.99
Two Eggs \$2.99
Three Eggs \$3.99
Bagel (Cream Cheese or Butter) \$2.79
Bacon \$2.50
Sausage \$2.50
Small Grits \$1.99
Large Grits \$2.99
Hash Browns \$2.50
Toast (2) \$1.50
Croissant \$1.99
Biscuit \$1.50
Muffin \$2.50
Cinnamon Bun \$2.99
Small Oatmeal \$2.99
Large Oatmeal \$3.99

GRAB N GO

Greek Yogurt \$2.49
Yogurt Parfait \$4.49
Hard Boiled Eggs (2) \$2.99
Fruit Cup \$3.49
Whole Fruit \$1.49
Granola Bar \$1.49
Snack Tray \$5.99

BEVERAGES

Small Coffee \$1.75
Large Coffee \$2.25
Hot Tea (Any Size) \$1.99
Juice \$1.99



SANDWICHES

Commitment to Excellence \$7.49

Bacon, Lettuce, Tomato, Crumbled Blue Cheese, Mayo, Toasted White Bread

Enthusiast \$7.99

Steak, Provolone Cheese, Onion, Green Pepper, Toasted Hoagie

Triumph \$7.99

Honey Maple Turkey, Oven Gold Turkey, Swiss Cheese, Tomato, Pickles, Mayo, White Bread

Inspirational \$6.99

Swiss, Cheddar and Provolone Cheeses, White Bread

Motivation \$7.99

Hot Turkey, Melted Swiss Cheese, Cole Slaw, Thousand Island Dressing, Pumpernickel Bread

Dreamer \$7.99

Pastrami, Salami, Ham, Roast Beef, Swiss Cheese, Lettuce, Tomato, Italian Dressing, Multi Grain Bread

Optimist \$5.99

Grilled Peanut Butter and Jelly, White Bread

Cuban \$7.99

Black Forest Ham, Roasted Sliced Pork, Swiss Cheese, Pickles, Cuban Sauce, Cuban Roll

Conqueror \$7.99

Corned Beef, Pastrami, Swiss Cheese, Sauerkraut, Spicy Mustard, Thousand Island Dressing, Rye Bread

Champion \$7.99

Chicken Salad, Lettuce, Tomato, Multi Grain Bread

Positive Attitude \$7.99

Ham, Turkey, Cheddar and Swiss Cheese, Bacon, Honey Mustard, White Bread

High Energy \$7.99

Tuna Salad, Melted Provolone Cheese, Lettuce, Tomato, Multi Grain Bread

Determination \$7.99

Grilled Chicken, Melted Provolone Cheese, Lettuce, Tomato, Mayo, Toasted Hoagie

WRAPS

Accomplisher \$7.99

Honey Maple Turkey, Bacon, Crumbled Blue Cheese, Lettuce, Tomato, Honey Mustard Dressing, Tomato Basil Tortilla

Confidence \$7.99

Buffalo Chicken Breast, Pepper Jack Cheese, Lettuce, Tomato, Buffalo Sauce, Blue Cheese Dressing, Jalapeno Cheddar Tortilla

Veggie \$7.99

Grilled Seasonal Vegetables, Balsamic Vinaigrette Dressing, Flour Tortilla

Closer \$7.99

Oven Gold Turkey Breast, Honey Maple Turkey, Bacon, Cream Cheese, Swiss Cheese, Lettuce, Tomato, Mayo, Flour Tortilla

Winner \$7.99

Grilled Chicken, Caesar Salad, Flour Tortilla

Inner Drive \$7.99

Pepperoni, Salami, Ham, Lettuce, Tomato, Onions, Provolone Cheese, Italian Dressing, Flour Tortilla

Mediterranean Chicken \$8.49

Grilled Chicken, Hummus, Feta Cheese, Tomatoes, Lettuce, Black Olives, Italian Dressing, Tomato Basil Tortilla

PIZZA

Build Your Future Pizza \$7.49

Your Choice of Two Toppings. Each Additional Topping \$.50

BBQ Chicken Pizza \$7.99

Topped with Grilled BBQ Chicken Breast, Red Onions, Fresh Cilantro, Mozzarella Cheese

Buffalo Chicken Pizza \$7.99

Topped with Grilled Buffalo Chicken Breast, Crumbled Blue Cheese, Mozzarella Cheese

Margarita Pizza \$7.49

Topped with Olive Oil, Fresh Garlic, Fresh Basil, Tomatoes, Mozzarella Cheese

Chicken Florentine Pizza \$7.99

Topped with Grilled Chicken, Spinach, Mushrooms, Fresh Garlic, Alfredo Sauce, Mozzarella and Parmesan Cheese

Carolyn's Supreme Pizza \$8.99

Topped with Pepperoni, Sausage, Ham, Fresh Mushrooms, Onions, Tomatoes, Green Peppers

Veggie Delight Pizza \$7.99

Topped with Spinach, Mushrooms, Onions, Red Onions, Black Olives, Tomatoes, Feta and Mozzarella Cheese

Mega Meat Pizza \$7.99

Topped with Pepperoni, Sausage, Ham, Bacon, Mozzarella Cheese

GRILL

Pork BBQ Sandwich \$7.99

Pulled Pork BBQ Soaked in Our Tangy BBQ Sauce Served on Fresh Bun

Meatball Parm Sub \$7.99

Homemade Meatballs, Marinara Sauce, Mozzarella Cheese, Toasted Hoagie Roll

Cheeseburger \$7.99

Grade A Char-Grilled Beef Patty, Lettuce, Tomato, Your Choice of Cheese

SALADS

Cobb Salad \$7.49

Fresh Greens, Red Onions, Cucumbers, Tomatoes, Hard Boiled Eggs, Crumbled Blue Cheese, Bacon

Greek Salad \$7.99

Fresh Greens, Tomatoes, Black Olives, Feta Cheese, Red Onions, Pepperoncinis

Chicken or Tuna Salad \$7.49

Chicken or Tuna Salad on Tomato Wedge, Celery and Carrot Sticks

Buffalo Chicken Salad \$9.49

Fresh Greens, Tomato, Red Onions, Crumbled Blue Cheese, Buffalo Chicken Tenders

Garden Salad \$7.49

Fresh Greens, Cucumbers, Carrots, Red Onions, Tomatoes, Mozzarella Cheese, Croutons

Chef Salad \$9.49

Fresh Greens, Cucumbers, Tomatoes, Carrots, Red Onions, Mushrooms, Turkey, Ham, Cheddar and Swiss Cheese, Croutons

Caesar Salad \$7.49

Romaine Lettuce, Croutons, Parmesan Cheese

Taco Salad \$9.49

Fresh Greens, Red Onions, Tomatoes, Cheddar Cheese, Sour Cream, Seasoned Taco Beef, Tortilla Chips, Salsa

BBQ Chicken Salad \$9.49

Fresh Greens, Cucumbers, Red Onions, Tomatoes, Fresh Corn, Red Beans, Cheddar Cheese, Grilled Chicken, BBQ Sauce, Ranch Dressing

QUESADILLAS \$7.49-\$7.99

BBQ Chicken or BBQ Pork
Buffalo Chicken
Grilled Chicken
Veggie or Cheese

Soups

Cup \$2.99 Bowl \$3.99

Monday – Broccoli and Cheese

Tuesday – Beef Chili

Wednesday – Chicken Noodle

Thursday – Beef Chili

Friday – Jerk Chicken



~All Sandwiches Served with One of Our Homemade Sides~

Cole Slaw, Potato Salad, Pasta Salad or Fruit Salad

Upgrade to Chips \$.50 – Upgrade to French Fries \$1.75

~All Wraps Served with One of Our Homemade Sides~

Cole Slaw Potato Salad, Pasta Salad or Fruit Salad

Upgrade to Chips \$.50 – Upgrade to French Fries \$1.75

~All Salads Prepared Fresh Daily and Include~

Crisp Greens and Your Choice of Our Homemade Dressing: Ranch, Blue Cheese, Thousand Island, Balsamic Vinaigrette, Honey Mustard, Italian, Fat Free Ranch, Caesar or Oil and Vinegar

~All Pizzas Served with Our Homemade Pizza Dough and Sauce~

We Offer a Selection to Satisfy All Taste Buds

Garnish Your Pizza With Any of Our Fresh Toppings

(\$.50 per each additional topping)

Any of our 8” Pizzas Also Available in 16”

~All Grilled Sandwiches Served with One of Our Homemade Sides~

Cole Slaw, Potato Salad, Pasta Salad or Fruit Salad

Upgrade to Chips \$.50 – Upgrade to French Fries \$1.75

~Quesadillas Include Fresh Ingredients, Grilled to Perfection~

*Served With Our Warm Tortilla Chips,
Homemade Salsa and Sour Cream*